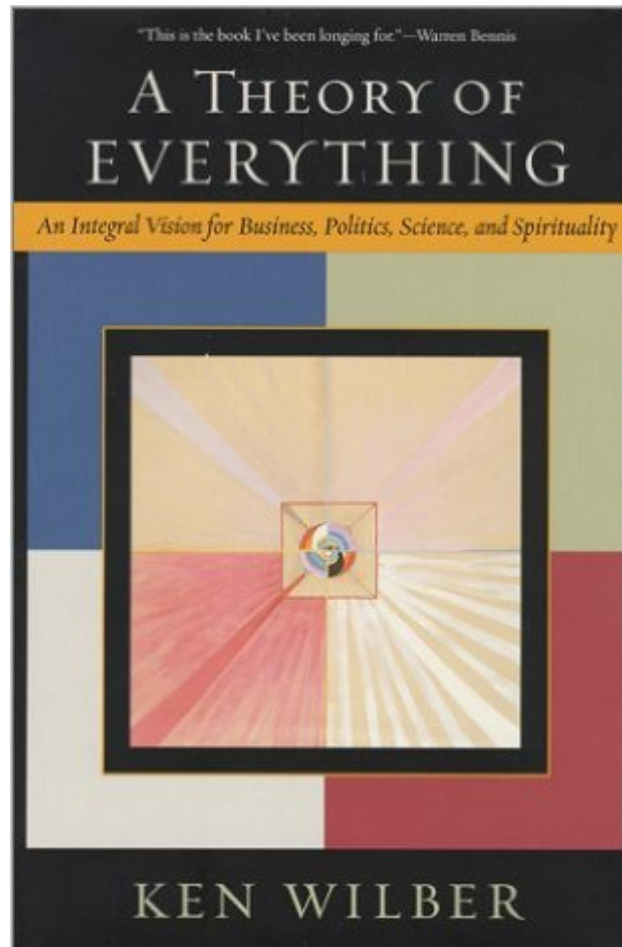


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A Theory Of Everything: An Integral Vision For Business, Politics, Science, And Spirituality



Synopsis

Wilber's most timely, accessible, and practical work to date. Here is a concise, comprehensive overview of Wilber's revolutionary thought and its application in today's world. Wilber has long been hailed as one of the most important thinkers of our time, but "until now" his work has seemed inaccessible to the general reader who lacks a background in consciousness studies or evolutionary theory. *Integral Vision* will allow a general audience to fully understand what all the excitement has been about. In clear, non-technical language, Wilber presents complex, cutting-edge theories and models that integrate the realms of body, mind, soul, and spirit. He then demonstrates how these theories and models can be applied to real world problems. Finally, Wilber discusses daily practices that readers take up in order to apply this integrative vision to their own, everyday lives. Wilber begins by presenting a leading model of human evolution, a model called "spiral dynamics." He then goes on to summarize his ground-breaking "all-level, all-quadrant" model for integrating the seemingly contradictory realms of science and religion "the "all-level, all-quadrant" model has already been adopted by leading thinkers in a variety of fields. In a chapter entitled "The Real World," Wilber shows how these rather abstract theories and models are being applied to real-world issues such as politics, medicine, business, education, and the environment. Wilber goes on to present a collection of maps of the Kosmos. These are broader models that can integrate the various worldviews that have been developed around the world throughout the ages. The final chapter of the book, "One Taste," proposes that readers take up an "integral transformative practice" such as meditation to help them to apply and develop this integral vision in their personal, everyday lives.

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Customer Reviews

Ken Wilber has been criticized for repeating the same themes over and over, from book to book. He answers this criticism by saying that he wants the reader of any one of his books, who might not have read his other work, to understand the specific subject of this or that particular book in the context of his overall system of thought. And, sure enough, *A Theory of Everything* re-covers much ground already thoroughly covered in many of his other books. But Wilber offers this as an introductory work (perhaps to a broader readership than he ordinarily reaches.) And the new ideas he offers in this book would probably be incomprehensible to new Wilber readers without an overview of his integral theory to go with them. So, what's in this book for readers new to Wilber and for KW veterans? For the newbie, first of all, Ken Wilber is considered by many (including me) to be among the most profound thinkers of this age. Wilber says in the introduction to this work that he considers this the best introduction to his work. Well, it is relatively brief, it outlines rather succinctly key aspects of his overall thought and then applies that structure to areas of common interest like politics, medicine and business. This is interesting and will give the new reader a glimpse of the profundity of Wilber's work, the breadth of its potential applicability and will hopefully stimulate the reader's interest in reading his more detailed works. I still think *A Brief History of Everything* is the best introduction to KW's work, though, because it masterfully presents an outline of Wilber's thought system in a way that leaves no important major themes out, yet manages to be both accessible and relatively succinct.

For years I have been among those hailing Ken Wilber as the most original and comprehensive philosopher of our time. In book after book, this genius thinker has, with lucid and prolific creativity, familiarized us with the complex but unified universe of astonishing terror and beauty we call consciousness--both human and Divine. In his monumental book *Sex, Ecology, Spirituality*, for example, he was able to show how consciousness, or Spirit, manifests Itself through the unfolding, never-ending evolutionary forms we term creation, life, culture, ecology, spirituality, society--the whole shebang of reality. More importantly, he brilliantly pointed out some of the radical implications a spiritual worldview may have when integrated into the dusty soil of reality. And, maybe best of all, he managed to do this with unparalleled logic and depth of scholarship, yet without losing a sense of lightness--or humor--of being. In *Marriage of Sense and Soul*, a popularized version of his integral thesis of the interrelationship of body, mind and soul--of all things material and spiritual--he also managed to be both profoundly sublime and simple at the same time. Moreover, he accomplished this without reading like another pop-guru a la Deepak Chopra or Marianne Williamson. It is thus with

great disappointment that his latest book, *A Theory of Everything*, is not living up to its cover's promise--an integral vision for business, politics, science and spirituality. Because, in this book, we no longer meet the erudite Wilber we have become accustomed to. Indeed, this book's premise is far more challenging (and important!) than his previous ones.

What are we gonna do with Ken Wilber? He writes a book called *A Theory of Everything* and crams it in 145 pages. Turns out the book is more like "The Ken Wilber Reader", a condensed primer on his exhaustive theory of integral consciousness - I'm not even sure I go it right. It covers most of his bibliography, but packed enough to give Einstein a migraine. So there's this thing called spiral dynamics. Spiral dynamics is this theory that human beings all begin from square one and evolves through the spiral. The spiral is a social construct about the evolving consciousness. It's built of embed levels called memes and each is color coded. Color coded that's for kids... wait. There's the beige meme. At this level (Square one) is where it all begins for the young human and societies. It's the meme of instinct and pure survival. The kill or be killed level. What's important to the person at this level, is food, sex, warmth and safety. We're talking early bush tribes here. The hairless talking monkey takes a stand. The beige meme is followed by the purple meme. This is the stage where all things are magical and animism takes form. This is where humans start taking care of each other. The world is filled with mysticism. This is the age of shamanism and rituals. The sense of family takes shape. Then it's the red meme. This is the Tony Montana level, the "the world and everything in it Chico" level. It's all about survival of the strongest and getting some respect. It manifests itself in feudal kingdoms, the story of epic heroes and the terrible twos. It's all about impulse and the ego. The blue meme is where it all goes to hell in a hand basket. It's about purpose and authoritarianism.

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